

BREAKFAST YOGURT BREAD

1 c. all-purpose white flour
1 c. whole wheat flour
2/3 c. packed brown sugar
1/4 c. whole bran cereal
1 tsp. baking soda
1/2 tsp. ground cinnamon
1/4 tsp. salt
1 beaten egg
3/4 cup yogurt
1/4 cup fruit (I used blue berries)
1/4 c. milk
1/4 c. cooking oil

In a medium mixing bowl stir together all-purpose flour, whole wheat flour, sugar, bran cereal, baking soda, cinnamon and salt. Make a well in the center.

In a small bowl combine egg, yogurt, milk and oil. Add yogurt mixture all at once to flour mixture. Stir just until moistened.

Pour into a greased 8x4x2 inch loaf pan. Bake in a 350 degree oven about 60 minutes or until a wooden toothpick inserted near center comes out clean. Cool in pan for 10 minutes. Remove from pan; cool or serve warm. Makes 1 loaf.